Young people talked about using alcohol and drugs to feel more confident and feel free...

People want to have a good time. (Age 17)

Being intoxicated, just makes you feel like you can talk to anyone and do anything. (Age 16)

Makes you have a good time. Some people use it to try to forget about all the bad things in their life. (Age 17)

It can make you freer to say things and do stuff you wouldn't usually, but if you are like depending on it to get you through your day then it just gets in the way cos you are never really with them.

(Age 16)



Young people talked about alcohol and regret...

Bad idea and people often regret decisions made when they are under the influence of alcohol. (Age 17)



Young people talked about alcohol and drugs causing problems in relationships...

Alcohol can cause so many problems in a relationship. From arguments to domestic abuse to even forced sexual activity. However it can also do the opposite and help lighten the mood and make for a nice evening together.

(Age 20)

If somebody isn't reliable or they are taking drugs or alcohol then the relationship just breaks down, how can you trust someone that isn't reliable? (Age 17)

It makes people volatile, encourages jealousy and gets in the way of trust.
(Age 16)



Young people talked about taking risks...

When people get drunk they do stupid things like onenight stands.

(Age 16)

Half the town's drunk half the time. Being drunk is when people have sex. Alcohol initiates sex. (Age 17)

Makes it a bit sketchy. (Age 16)

Young people talked about alcohol and sexual violence...

Once a boy took it a bit far with me and blamed it on drink.

(Age 16)

Once when I was drunk a boy tried to make out with me but as I was not interested I stopped him but then he became angry and started shouting. I don't think alcohol and sex mix.

(Age 17)

Alcohol is fun to drink at parties but it shouldn't get involved in sex. If someone has had enough to drink to get kind of drunk, then they can't make decisions on what they want to do with their body and its sexual assault or rape.

(Age 16)

