

Sex: Consent, Pressure, Pleasure and first-time sex

**First time sex: things to consider.**

Cut out the 11 boxes below. Then take the 11 items on cards, work in a 2 or 3, and sort into 2 piles. The two piles are: **First-time sex: Essential/must have things** and **First-time sex: Important things.**

1. I feel ready.	7. We are both sober.
2. I feel safe.	8. We have the time, and we are in a safe and comfortable place.
3. I have someone I can speak to before I do anything.	9. I trust them.
4. We are both 16 years old or older.	10. I want to. We both want to.
5. If we need contraception, it is sorted.	11. I know I can change my mind, say no, or stop at any time. I know they can too.
6. If we need condoms, it is sorted.	

**First-time sex: things to consider.**

**First-time sex:  
Essential/must have things.**

**First-time sex:  
Important things.**