

# How people have sex: True or False

## True or False statements

Work in small groups (3 per group) with a set of cards. Discuss each card and decide if the answer is True or False – you can also answer Not Sure.

A girl can get pregnant the first time she has sex with a boy.

The law says you need to be 16 to have sex – this is called the age of consent.

If you have sex before your 16th birthday you need to keep it a secret.

Drinking alcohol before sex makes it better.

**Real sex is when  
a boy/man puts  
his penis in the  
girl/woman's  
vagina. Nothing  
else is real sex.**

**First time sex  
always hurts  
for girls.**

**You can't talk  
to your parents  
or carers about  
sex.**