

The RSHP resource supports learning about PARENTHOOD and FAMILIES across Curriculum for Excellence Levels

The learning activities and supporting resources across the RSHP resource have an interest in supporting learning about parenthood, this also involves learning about families and the needs of babies and children. The table below identifies this material and supports teachers/educators to map progression across the curriculum.

CforE Level	Activities	Experiences and Outcomes	Learning intentions
<u>EARLY LEVEL</u>	Our Families	I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults. HWB 0-45a	<ul style="list-style-type: none"> Children talk about their own family. Children are able to describe the role that parents and carers play. Children discuss different family situations.
	Pregnancy and Looking after a baby	I am learning about where living things come from and about how they grow, develop and are nurtured. HWB 0-50a I am able to show an awareness of the tasks required to look after a baby. HWB 0-51a	<ul style="list-style-type: none"> Children are aware of the needs of a baby. Children understand where living things come from.
<u>FIRST LEVEL</u> To begin	People who help and look after me <ol style="list-style-type: none"> People who are special to me When I have a question or a worry Professional people 	I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults. HWB 1-45a	<ul style="list-style-type: none"> Children know that there are adults in their lives who care for them and look after them; this includes professional people. Children understand that who these adults are can be different for children. Children understand that care can be physical and emotional.
<u>FIRST LEVEL</u> Progression 1	My Family/All our families are different	I know that there are people in our lives who care for and look after us and I am aware that	<ul style="list-style-type: none"> Children know that there are adults in their lives who care for them and look after them.

		people may be cared for by parents, carers or other adults. HWB 1-45a	<ul style="list-style-type: none"> Children understand that who these adults can be different for children. Children describe different types of family.
FIRST LEVEL Progression 2	How human life begins, pregnancy and birth <ol style="list-style-type: none"> How human life begins, pregnancy and birth What babies need 	I am aware of my growing body and I am learning the correct names for its different parts and how they work. HWB1-47b	<ul style="list-style-type: none"> Children know the names for parts of their body required to understand conception, pregnancy and birth. Children understand where living things come from. Children understand the needs of a baby and how they are cared for.
SECOND LEVEL Progression 1	Being a parent/carers <ol style="list-style-type: none"> What does a parent/carers need to know and to do? If I were a parent or carer 	I can describe the role of a parent / carer and the skills, commitment and qualities the role requires. HWB 2-51a	<ul style="list-style-type: none"> Children know that all families are different. Children understand and explain the role and qualities of a parent/carers.
THIRD + FOURTH LEVEL Progression 1	Being a parent/carers (1) <ol style="list-style-type: none"> Important things about child development What babies need for the best start in life If I were a parent or carer 	<p>I can explain the importance and the enduring and complex responsibility of being a parent/carers, and the impact on life choices and options. HWB 3-51a</p> <p>I can explain the support and care necessary to ensure a child is nurtured through the different stages of childhood. HWB 3-51b</p>	<ul style="list-style-type: none"> Young people understand the role and challenges of being a parent/carers. Young people understand how having a child would impact on their life. Young people understand the importance of nurture in a child's development. Young people learn about the importance of finding and seeking help and support as a parent.

<p><u>THIRD + FOURTH LEVEL</u> Progression 1</p>	<p>Being a parent/carer (2)</p> <ol style="list-style-type: none"> 1. Would having a baby change my life? What do parents/carers need? 2. Connecting with and nurturing your child 3. The importance of play/The Babybox 	<p>I can explain the importance and the enduring and complex responsibility of being a parent/carer, and the impact on life choices and options. HWB 4-51a</p> <p>Through investigation I can explain the support available for parents and carers looking after babies and bringing up children. HWB 4-51b</p>	<ul style="list-style-type: none"> • Young people understand the role and challenges of being a parent/carer. • Young people understand how having a child would impact on their life. • Young people understand the importance of nurture and play in a child's development. • Young people learn about the importance of finding and seeking help and support as a parent.
<p><u>SENIOR PHASE</u> Progression</p>	<p>Preparing for Parenthood</p>	<p>I can explain the importance and the enduring and complex responsibility of being a parent/carer, and the impact on life choices and options. HWB 4-51a</p> <p>Through investigation I can explain the support available for parents and carers looking after babies and bringing up children. HWB 4-51</p>	<ul style="list-style-type: none"> • Young people reflect on the need to plan for parenthood. • Young people understand what choices and actions can be taken before conception to ensure the best start in life for a child and parent/carer. • Young people understand the term importance of pre-conception health.