



Profiling provision that supports the delivery of RSHP education

Rape Crisis Scotland

Title of programme: **National Sexual Violence Prevention Programme**

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About the programme

The programme is coordinated nationally by Rape Crisis Scotland and delivered locally in secondary schools and youth settings by specialist prevention workers at Rape Crisis centres, reaching over 20,000 young people each year. It is funded by the Scottish Government through the Children, Young People and Families Early Intervention Fund and the Violence against Women and Girls Fund. It was developed in 2012 with reference to a wide body of practice and research into issues of sexual violence affecting young people. An external evaluation indicated significant improvements to young people's knowledge and attitudes in relation to consent and healthy sexual relationships, with young people and teachers voicing strong support for the programme, appreciating the specialist expertise of the workers and recognising the value of safe educational spaces to discuss these sensitive issues which are highly relevant to young people.

The programme has been designed to complement the work of schools and other education providers in working towards the Curriculum for Excellence and national Benchmarks for Personal and Social Education. The programme plays an important role in contributing to children's rights as set under the UN Convention on the Rights of the Child, in particular article 19- the right to protection from violence, abuse and neglect; article 34- the right to protection from sexual abuse and exploitation; and article 2- the right to non-discrimination.

The workshops address seven topic areas as follows, each of which is adapted for four different age or stage groups: Gender; Consent; Sexualisation and pornography; What is sexual violence; Social media; Impacts and support *and* How can we help prevent sexual violence.

This flexible structure enables prevention workers to plan programmes with schools and youth workers to best complement their curriculum. The prevention programme places a strong emphasis on young people's participation and leadership, and centres offer opportunities outside of workshops for young people to get involved in local campaigning, fundraising, resource development and other projects.

Links to further information

Further information about the programme and contact details are available here:

<https://www.rapecrisisscotland.org.uk/national-sv-prevention-programme/>

You can also download a copy of the evaluation and sample programme materials.