

1. You can get pregnant the first time you have sex.

2. Scotland has one of the highest rates of teenage pregnancy in Europe.

3. You can't get pregnant if you have sex during your period.

4. If a boy/man pulls out before he comes/ejaculates you can't get pregnant.

5. Using contraception makes it harder to get pregnant later on.

6. Sperm can live for 3 to 5 days in the right conditions.

7. Washing their vagina after sex will prevent a girl/woman from getting pregnant

8. The best way to avoid pregnancy is either not have sex, or if you have sex, to use contraception.

9. You can't get pregnant if you have sex standing up.

10. A healthy mum is more likely to have a healthy baby.

11. Having sex in water or in the shower prevents you from getting pregnant.

12. A sandwich bag or plastic wrap will work as good as a condom