

Communication in Relationships

The saying goes...

In your group, discuss the sayings below and decide whether you believe them to be true, false or dependant on circumstance. Write the letter of each phrase in the appropriate circle. Think about how you will explain your answers.

A. The best person to talk to about the problems in your relationship is the person you are in the relationship with.

B. Leave the past in the past (this includes ex's)

C. Love without conversation is impossible

D. A lot of problems would disappear if we talked to each other instead of about each other

E. Communication in a relationship is the number one thing... otherwise you are just two people spending time in the same place.

TRUE

DEPENDS

FALSE