



Online Media Links

Early, First and Second Level

When preparing to deliver activities described in the RSHP curriculum resource, please ensure local network connections allow access to the recommended media links. This document provides a list of referenced weblinks. Where necessary, please share this list with your local network facilitator to ensure the websites are whitelisted for use in your setting.

When using any material on platforms such as YouTube, it is a good idea to prepare the clip so that any advert/promotion has played/ended before the clip begins.

Early Level

EL Friends and Friendship

- Friends Song/The Singing Walrus <https://youtu.be/bVCKj0T9-gc>
- What Makes a Good Friend <https://youtu.be/OV6fPw-MRFo>
- Will You be a Friend of Mine (includes a bit of hopping and dancing around...) <https://youtu.be/ttYQTqgwteI>

EL Looking after plants and animals

- A short animation from BBC (duration 1 minute 29) with a focus on the butterfly <https://www.bbc.com/bitesize/articles/zttckqt>
- Old MacDonald Had a Farm... ... Five Little Ducks... Five Little Monkeys... There was an old lady that swallowed a fly... <https://learnenglishkids.britishcouncil.org/en/songs/old-macdonald-had-farm>

EL My Body Belongs to Me

- Boss of My Body <https://youtu.be/zAALZxa6NCw> (2 minutes 33)

EL My Body

- *The Skeleton Dance* (the one that goes 'The knee bones connected to the....') https://youtu.be/Pbl4BNkAq_U Song ends at 1min 45

EL People who help and look after me

- Song about the emergency services https://www.youtube.com/watch?v=I_3sYFHxJqU

EL When I feel sad or upset

- A series of songs for playing, singing and discussion. The songs are in the menu here, each lasts approx. 1 minute: the **excited** song, the **shy** song, the **worried** song: <https://www.bbc.co.uk/cbeebies/watch/feeling-better-songs-playlist#playlist>
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First Level

To begin:

Friends and friendship

- *What is a good friend?* Short film <https://youtu.be/ReMq3KX8F94> (duration 2 minutes 1 second)

Looking after plants and animals

- BBC Bitesize “What does a plant need to live?” (duration 52 seconds) video and quiz: <http://www.bbc.co.uk/guides/zcmtk2p>
- BBC Science Clips “Health plant growth”: <https://www.bbc.co.uk/programmes/p01191xb> (duration 52 seconds)
- The needs of a plant song/animation: <https://youtu.be/dUBIQ1fTRzI> (duration 1 minute)
- *The life cycle of the butterfly*: [http://www3.canisius.edu/~grandem/butterflylifecycle/The Lifecycle of a Butterfly_print.html](http://www3.canisius.edu/~grandem/butterflylifecycle/The_Lifecycle_of_a_Butterfly_print.html)
- The life cycle of a butterfly <https://youtu.be/O1S8WzwLPIM> (duration 5 minutes 15 seconds)
- The life cycle of a frog <https://youtu.be/FIXoJYbBIs0> (duration 5 minutes 6 seconds)
- The life cycle of the frog: <https://learning-center.homesciencetools.com/article/life-cycle-frog/>
- The life cycle of the frog: <https://kiddyhouse.com/themes/frogs/life-cycle-of-a-frog/>
- RSPCA “What do pets need?” <https://youtu.be/FOLP8p0jSoA> (3 minutes 37)
- The needs of an animal, song/animation: https://youtu.be/k4UDf3tF_O4 (1 minute)

People who help and look after me

- Watch the video which has a song about the emergency services (*for younger children*) https://www.youtube.com/watch?v=I_3sYFHxJqU

Privacy

- My body belongs to me animated film (4 minutes 16 seconds) <https://youtu.be/a-5mdt9YN6I>
- NCPCC Let’s Talk Pants information and film available here: <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>

Progression 1:

Feelings and Safety

- Feelings songs <https://www.bbc.co.uk/cbeebies/watch/feeling-better-songs-playlist#playlist>
- *The Present* a film by Jacob Frey <https://vimeo.com/jacobfrey/thepresent> (duration 4 minutes 19 seconds)
- The Feelings Song (duration 3 minutes 12 seconds) <https://youtu.be/UslSd1AMNYU>
- What makes children feel safe? <https://youtu.be/KyTqFe55bwg> (1 minute 48 seconds)

Keeping clean

- Brain Pop Personal Hygiene animation <https://youtu.be/jQ2e0KH5Wrl> (5 minutes 28 seconds)

My Family

- Scratch Garden Families Song : <https://youtu.be/ZcpZKXPnbZs> (duration 3 minutes 36)

Similarity, Diversity and Respect

- 'What your child can learn from doing a self-portrait: <https://www.theschoolrun.com/what-your-child-can-learn-doing-self-portrait> also at the link a full BBC programme for children on portraits CBeebies Pablo Live Lesson 24 minutes 49 seconds.
- Help Kids Learn about Gender with Scoop and Friends (duration 3 minutes) produced by amaze.org <https://youtu.be/St6t1WvbysU>
- 'Redraw the Balance' <https://www.inspiringthefuture.org/redraw-the-balance/> Watch the short film, you may think it appropriate for the children too.
- Luke <https://attitudelive.com/watch/Kids-with-Disabilities-Luke>
- What's up with Nick? <https://researchautism.org/resources/kit-for-kids/>
- Winnie <https://attitudelive.com/watch/Kids-with-Disabilities-Winnie>
- Talk about the Paralympics and how this has changed perceptions of disability: <https://www.bbc.co.uk/newsround/23462775>
- Film (duration 4 minutes 6) In a Heartbeat <https://vimeo.com/227690432>
- Film (duration 3 minutes 48) Kids of Gay Parents Speak Out <https://www.youtube.com/watch?v=JG0yqhzVuYA>

Progression 2:

How human life begins, pregnancy and birth

- Human reproduction (duration 1 minute 3 seconds) <https://www.bbc.com/bitesize/clips/zpmqxnbn>
- Breastfeeding films <https://www.babycentre.co.uk/v25007241/how-to-get-a-comfy-attachmentvideo> (from babycentre.co.uk duration 2 minutes) OR How to breastfeed from Parents magazine (2 minutes 12) : https://youtu.be/qzSB_4rOIJU

- Film: 24 hours with a new born baby (duration 3 minutes 33)
<https://youtu.be/m9QndNXcnCU>

Safe and happy online

- CEOP film Lee and Kim <https://youtu.be/-nMUbHuffO8> (duration 8 minutes 35)
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Second Level

To begin:

A fair and equal life for girls and boys

- *Help kids learn about gender with Foxy* (duration 2 minutes 30 seconds) produced by amaze.org <https://youtu.be/lbhd-23mloc>

Consent

- Boss of My Body song <https://youtu.be/zAALZxa6NCw> (2 minutes 33)
- Consent for kids <https://www.youtube.com/watch?v=h3nhM9UIJjc> (duration 2 minutes 42)

My body

- *Puberty, Body Odour and other changes for boys* (from amaze.org duration 2 minutes 33): <https://youtu.be/4SRXvGHKA-k>

Protecting me - Abuse and relationships

- Children's Parliament Investigates Bullying
<https://www.childrensparliament.org.uk/our-work/cpinvestigatesbullying/> (film 8 minutes 37)
- The **NSPCC PANTS rule** material (information, downloads, song) is available at the link <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>
- **Tom's Secret** <https://youtu.be/7mMqqelyQX8> an animation about a boy who has had an experience of abuse and eventually tells his Mum. End the viewing at 4 minutes 15 seconds.
- **What happens when you contact ChildLine?** (duration 3 minutes 8 seconds)
<https://youtu.be/fCA6EhBhiC8>

Social media and popular culture

- What is the world wide web? <http://www.bbc.co.uk/guides/z2nbgk7>
- How does the internet work? <https://www.bbc.com/bitesize/articles/z3tbgk7>
- Newsround report https://youtu.be/IT_V_rQtFr0 (2 minutes 30)
- The Adventures of Cara, Winston and the Smart Crew
<https://www.childnet.com/resources/the-adventures-of-kara-winston-and-the-smart-crew>

Progression 1:

Emotional wellbeing and body image

- *Talking Mental Health* (duration 5 minutes 27 seconds) Animation produced by the Anna Freud National Centre for Children and Families
<https://www.youtube.com/watch?v=nCrjevx3-Js&feature=youtu.be>
- Bodies: Different shapes and sizes All Beautiful: https://youtu.be/Fcy_VQZG5Dg (1 minute 53) published by amaze.org
- Why don't I like the way I look? <https://youtu.be/v7zUHOEYIN8> (4 minutes 32) a film by Rachel Gitlevich and published by amaze.org

How human life begins, pregnancy and birth

- Human reproduction (duration 1 minute 3 seconds, link in the slides)
<https://www.bbc.com/bitesize/clips/zpmqxn>
- How a baby develops during pregnancy (duration 4 minutes 17)
https://youtu.be/h82ltr84_Yg

Love and Relationships

- 100 Kids describe Love (3 minutes 28) https://youtu.be/T_ObrBLVqWg
- Film: A Red Red Rose, Rachel Sermanni with the Royal Scottish National Orchestra (duration 4 minutes 30) <https://youtu.be/-1-PF2kt2jg>
- Film (duration 4 minutes 6 seconds): **In a Heartbeat** <https://vimeo.com/227690432>

Progression 2:

Menstruation

- Menstruation what to expect (duration 3 minutes 18) by amaze.org
<https://youtu.be/DBe7-PHRav8>
- Period hygiene: Tampons, Pads and Menstrual Cups (duration 2 minutes 9) by amaze.org <https://youtu.be/kmWbOC8Fbb0>