

The RSHP resource supports learning re ROLE OF PARENT-CARER across Curriculum for Excellence Levels

The learning activities and supporting resources across the RSHP resource have an interest in supporting learning about the role of the parent/carer, this also involves learning about families and the needs of babies and children. The table below identifies this material and supports teachers/educators to map progression across the curriculum.

CforE Level	Activities	Learning intentions
EARLY LEVEL: Early learning, P1 and later for some	Our Families	<ul style="list-style-type: none"> • Children talk about their own family. • Children are able to describe the role that parents and carers play. • Children discuss different family situations.
	When I feel sad or upset	<ul style="list-style-type: none"> • Children have understanding of their feelings/emotions. • Children understand the concept of trust and consider who they trust. • Children know that if they are sad or upset they can talk to an adult they trust.
	People who help and look after Me	<ul style="list-style-type: none"> • Children understand that different adults – family and professional people – provide care for children. • Children know the jobs of the main professional people who provide care.
	Looking after Plants and Animals	<ul style="list-style-type: none"> • Children develop their understanding of how plants and young animals grow and develop. • Children understand the concept of life-cycle. • Children understand that all living things need to be nurtured and cared for.
	Pregnancy and Looking after a baby	<ul style="list-style-type: none"> • Children are aware of the needs of a baby. • Children understand where living things come from.
FIRST LEVEL	My Family	<ul style="list-style-type: none"> • Children know that there are adults in their lives who care for them and look after them.

P2, P3, P4 but earlier or later for some		<ul style="list-style-type: none"> • Children understand that who these adults can be different for children. • Children describe different types of family.
	People who help and look after me <ul style="list-style-type: none"> • People who are special to me • When I have a question or a worry • Professional people 	<ul style="list-style-type: none"> • Children know that there are adults in their lives who care for them and look after them; this includes professional people. • Children understand that who these adults are can be different for children. • Children understand that care can be physical and emotional.
	How human life begins, pregnancy and birth <ul style="list-style-type: none"> • How human life begins, pregnancy and birth • What babies need 	<ul style="list-style-type: none"> • Children know the names for parts of their body required to understand conception, pregnancy and birth. • Children understand where living things come from. • Children understand the needs of a baby and how they are cared for.
SECOND LEVEL P5, P6, P7 but earlier or later for some	Being a parent/carer <ul style="list-style-type: none"> • What does a parent/carer need to know and to do? • If I were a parent or carer 	<ul style="list-style-type: none"> • Children know that all families are different. • Children understand and explain the role and qualities of a parent/carer.
THIRD + FOURTH LEVEL S1, S2, S3 but earlier or later for some	Being a parent/carer (1) <ul style="list-style-type: none"> • Important things about child development • What babies need for the best start in life • If I were a parent or carer 	<ul style="list-style-type: none"> • Young people understand the role and challenges of being a parent/carer. • Young people understand how having a child would impact on their life. • Young people understand the importance of nurture in a child's development. • Young people learn about the importance of finding and seeking help and support as a parent.



	<p>Being a parent/carer (2)</p> <ul style="list-style-type: none"> • Would having a baby change my life? What do parents/carers need? • Connecting with and nurturing your child • The importance of play/The Babybox 	<ul style="list-style-type: none"> • Young people understand the role and challenges of being a parent/carer. • Young people understand how having a child would impact on their life. • Young people understand the importance of nurture and play in a child’s development. • Young people learn about the importance of finding and seeking help and support as a parent.
<p>SENIOR PHASE S4, S5, S6 and College or earlier for some</p>	<p>Preparing for Parenthood</p>	<ul style="list-style-type: none"> • Young people reflect on the need to plan for parenthood. • Young people understand what choices and actions can be taken before conception to ensure the best start in life for a child and parent/carer. • Young people understand the importance of pre-conception health.