

## The RSHP resource supports learning about PARENTHOOD and FAMILIES across Curriculum for Excellence Levels

The learning activities and supporting resources across the RSHP resource have an interest in supporting learning about parenthood, this also involves learning about families and the needs of babies and children. The table below identifies this material and supports teachers/educators to map progression across the curriculum.

CforE Level	Activities	Learning intentions
<b>EARLY LEVEL:</b> Early learning, P1 and later for some	<b>Our Families</b>	<ul style="list-style-type: none"> <li>• Children talk about their own family.</li> <li>• Children are able to describe the role that parents and carers play.</li> <li>• Children discuss different family situations.</li> </ul>
	<b>Pregnancy and Looking after a baby</b>	<ul style="list-style-type: none"> <li>• Children are aware of the needs of a baby.</li> <li>• Children understand where living things come from.</li> </ul>
<b>FIRST LEVEL</b> P2, P3, P4 but earlier or later for some	<b>My Family</b>	<ul style="list-style-type: none"> <li>• Children know that there are adults in their lives who care for them and look after them.</li> <li>• Children understand that who these adults can be different for children.</li> <li>• Children describe different types of family.</li> </ul>
	<b>People who help and look after me</b> <ul style="list-style-type: none"> <li>• People who are special to me</li> <li>• When I have a question or a worry</li> <li>• Professional people</li> </ul>	<ul style="list-style-type: none"> <li>• Children know that there are adults in their lives who care for them and look after them; this includes professional people.</li> <li>• Children understand that who these adults are can be different for children.</li> <li>• Children understand that care can be physical and emotional.</li> </ul>
	<b>How human life begins, pregnancy and birth</b> <ul style="list-style-type: none"> <li>• How human life begins, pregnancy and birth</li> <li>• What babies need</li> </ul>	<ul style="list-style-type: none"> <li>• Children know the names for parts of their body required to understand conception, pregnancy and birth.</li> <li>• Children understand where living things come from.</li> </ul>

		<ul style="list-style-type: none"> <li>Children understand the needs of a baby and how they are cared for.</li> </ul>
<p><b><u>SECOND LEVEL</u></b> P5, P6, P7 but earlier or later for some</p>	<p><b>Being a parent/carer</b></p> <ul style="list-style-type: none"> <li>What does a parent/carer need to know and to do?</li> <li>If I were a parent or carer</li> </ul>	<ul style="list-style-type: none"> <li>Children know that all families are different.</li> <li>Children understand and explain the role and qualities of a parent/carer.</li> </ul>
<p><b><u>THIRD + FOURTH LEVEL</u></b> S1, S2, S3 but earlier or later for some</p>	<p><b>Being a parent/carer (1)</b></p> <ul style="list-style-type: none"> <li>Important things about child development</li> <li>What babies need for the best start in life</li> <li>If I were a parent or carer</li> </ul>	<ul style="list-style-type: none"> <li>Young people understand the role and challenges of being a parent/carer.</li> <li>Young people understand how having a child would impact on their life.</li> <li>Young people understand the importance of nurture in a child's development.</li> <li>Young people learn about the importance of finding and seeking help and support as a parent.</li> </ul>
	<p><b>Being a parent/carer (2)</b></p> <ul style="list-style-type: none"> <li>Would having a baby change my life? What do parents/carers need?</li> <li>Connecting with and nurturing your child</li> <li>The importance of play/The Babybox</li> </ul>	<ul style="list-style-type: none"> <li>Young people understand the role and challenges of being a parent/carer.</li> <li>Young people understand how having a child would impact on their life.</li> <li>Young people understand the importance of nurture and play in a child's development.</li> <li>Young people learn about the importance of finding and seeking help and support as a parent.</li> </ul>
<p><b><u>SENIOR PHASE</u></b> S4, S5, S6 and College or earlier for some</p>	<p><b>Preparing for Parenthood</b></p>	<ul style="list-style-type: none"> <li>Young people reflect on the need to plan for parenthood.</li> <li>Young people understand what choices and actions can be taken before conception to ensure the best start in life for a child and parent/carer.</li> </ul>



		<ul style="list-style-type: none"><li>• Young people understand the <del>term</del> importance of pre-conception health.</li></ul>
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