

1. You can get pregnant the first time you have sex.

2. Scotland has one of the highest rates of teenage pregnancy in Europe.

3. You can't get pregnant if you have sex during your period.

4. If a male pulls out before he ejaculates, you can't get pregnant.

5. Using contraception makes it harder to get pregnant later on.

6. Sperm can live for 3 to 5 days in the right conditions.

7. Washing their vagina after sex will prevent a female from getting pregnant.

8. The best way to avoid pregnancy is not have vaginal sex or to always use contraception when having vaginal sex.

9. You can't get pregnant if you have sex standing up.

10. Things that can damage your health (like smoking or drinking alcohol) can also damage the foetus.

11. Having sex in water or in the shower prevents you from getting pregnant.

12. A sandwich bag or plastic wrap will work just as well as a condom.