

3.4.1 How people have sex: True or False

True or False statements

Work in small groups (3 per group) with a set of cards. Discuss each card and decide if the answer is True or False – you can also answer Not Sure.

A girl can get pregnant the first time she has sex with a boy.

The law says you need to be 16 to have sex – this is called the age of consent.

If you have sex before your 16th birthday you need to keep it a secret.

Drinking alcohol before sex makes it better.

**Real sex is when
a boy/man puts
his penis in the
girl/woman's
vagina. Nothing
else is real sex.**

**First time sex
hurts for girls.**

**You can't talk
to your parents
or carers about
sex.**