



## Title: My Family/All our Families are Different (V3)

Level: FIRST

Code: 1.6

Links to Curriculum for Excellence

Experiences and outcomes	Benchmarks
I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults. HWB 1-45a	<ul style="list-style-type: none"><li>• Explain that there are different types of families, with different roles.</li><li>• Identify that families may differ, but they still care for each other.</li></ul>

### Learning intentions

- Children know that there are adults in their lives who care for them and look after them.
- Children understand that who these adults can be different for children.
- Children describe different types of family.

### Success criteria

- I can identify the adults in my life who care for me and look after me.
- I can talk about the differences between families.

### Resources to support this activity

- PowerPoint slides
- Paper and colour pencils for family portraits/display
- Scratch Garden Families Song : <https://youtu.be/ZcpZKXPnbZs> (duration 3 minutes 36)

**NOTE:** This activity links to the activities under **1.7 People who help me and look after me** where children explore other key adults who help and look after them, as well as who in their family or beyond they would go to if they had a worry.

*Whenever you use content on a platform like YouTube please cue the film you intend to play in advance, check it is the film you want to view, and skip adverts.*

## Activity

1. RSHP learning is enhanced if children can sit together, as in circle time. Explain that today the children will be talking about families. Share the series of slides – statement then images of different families: **Our Families. All our families are different.**  
  
As you explore the images acknowledge the differences and that it's amazing how different all our families can be. Acknowledge where children share – that's like my family!
2. Choose a story book you have recently read and explore the family members in the book. Ask the children to identify who is in the story. Also ask the children to say what family members do to help look after each other. (It would be useful to have the visual of the family from the book or a photo on the smartboard. If children have been reading different books each group can talk about a book/family they know and tell others – families don't need to be human, perhaps the book was about an animal family).
3. Introduce the **Scratch Garden Families Song** <https://youtu.be/ZcpZKXPnbZs> (duration 3 minutes 36) Play it again if the children would like to sing or dance along.
4. **In our families:** Use the next 2 slides to ask the children and have a chat (with a shoulder partner then back in the group): So, when we think about our families:  
**What do different people in your family do for you to care for and look after you?**  
**What do you do that helps other people in your family?**
5. **Some children may want to share more about their family.** Ask if anyone would like to come up and tell others about who is in their family and the things they like to do with them, either individually or as a family. As children share acknowledge how different our families are. As educator/teacher, if you would like to, say a bit about your family.
6. **Family portraits.** Ask the children to draw a family picture, explain that they can include themselves, they can include anyone who loves and cares for them, so they don't have to live in the same house. If the children work at just A4 or even smaller at A3 they can do colour pencil drawings that won't necessarily take too long. Exhibit under the heading: **Our families.** Ask children to tour any visitors around their exhibition.
7. Finish by playing the Scratch Garden song again.

## Additional ideas

- Book: Todd Parr's **The Family Book** is good for work with small groups and individuals.
- For younger children: Sesame Street 'Family Song' [https://www.youtube.com/watch?v=ii\\_LtHrEiao](https://www.youtube.com/watch?v=ii_LtHrEiao) (finishes after 1 minute 16)
- If you have free play time set up a home/family corner.
- If they would like to, let the children take their family portraits home.
- There are a variety of story books that explore different types of families. Check out the booklist for this Level on <https://rshp.scot/first-level/>
- Looked after/care experienced children may have questions around this topic. Please look at this list of appropriate picture books for more information:  
<https://www.littleparachutes.com/category/issues/adoption-fostering/>

## Connecting with home

*The text below could be used to communicate with home about this activity.*

This week the children will be talking about families – we will be celebrating how different all our families are and thinking about all the things that families do to care for each other. The children will draw a family portrait, they will bring it home after we have displayed them on the wall for a while. In the meantime, tell the children stories about your family life growing up! This is a song we will listen to in class: **Scratch Garden Families Song** <https://youtu.be/ZcpZKXPnbZs>

## Practitioner Notes