

Title: People who help and look after me

Level: Early Level

Code: EL5

**Links to Curriculum for Excellence**

Experiences/Outcomes	Benchmarks
I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults. HWB 0-45a	<ul style="list-style-type: none"> Identifies people who can help, for example, teachers, family members. Recognises that care can come from a variety of different people.

Learning Intentions

- Children understand that different adults – family and professional people – provide care for children.
- Children know the jobs of the main professional people who provide care.

Success criteria

- I am learning that adults have different roles to play in helping us such as parent, carer, teacher, doctor.
- I know that I have a right to be cared for in certain ways and why this is important.
- I know that care can be different and come from different people.

Connecting with home

Information for parents and carers is provided at each Level on the RSHP site. For information for parents/carers about Early Level learning go here: <https://rshp.scot/early-years/> Some of the suggested activities include links with home. Books suggested for use in the centre/school could also be for lending.

Key words/vocabulary

- | | |
|---------------|------------------|
| • Caring | • Helping |
| • Cook | • Janitor |
| • Dentist | • Nurse |
| • Doctor | • Police officer |
| • Emergency | • Teacher |
| • Firefighter | |

Activities

Learning can be planned or take place in what we might call those spontaneous 'teachable moments' when children and educators are playing and chatting or a particular event happens. Of course we can create those teachable moments too, and so there are suggestions here about how books, play and other activities can support RSHP learning at Early Level.

Who helps?

Have a themed week exploring *people who help and look after us*. Children could initially discuss and identify who helps and what they do for them and others – perhaps over three sets of initial discussion.

Who helps me at home? Draw pictures of houses and home life. Acknowledging the diversity of home lives, identifying who helps children and how, and possibly who the children help - a younger sibling, a parent or grandparent.

Who helps me at nursery/school? Children can use the iPad to take photographs of staff in the centre/school and make visits to them (in the office, in the school canteen etc) in situ to hear more and ask questions.

Who helps people when... (someone is sick or hurt, have a sore tooth, they are lost, something isn't working...)

The PowerPoint slides provided offer some visual prompts – *add/adapt* to incorporate photographs of people children meet and know. Encourage stories from children about visits to the doctor, dentist or hospital.

Feelings

Encourage group and one-to-one conversations about how it feels to be cared for and looked after. And also how does it feel when you can help and look after someone or something – helping a friend, looking after a sibling, caring for a pet.

Emergency services

Organise a visit from a police officer, ambulance crew, coastguard or firefighter. Alternatively a visit to a fire station, police station would be fun. The children can draw/create a gallery of the women and men they meet.

Play

Uniforms and props in the play area/playground/dressing up box will support free play.

Song

Watch the video and sing-a-long with this song about the emergency services:

https://www.youtube.com/watch?v=I_3sYFHxJqU

BOOKS FOR READING TOGETHER OR BORROWING

These books provide opportunities to talk about the themes of interest, they could be used with a class or group, reading to pairs or individual children to support and back-up key learning. Parents could be encouraged to read them at home too.

This is the Firefighter

Laura Godwin

ISBN 1423108000

For younger children. The fire alarm sounds. The firefighter responds. He jumps in the fire truck and races to a daring rescue!

Clive is a Nurse

Jessica Spanyol

ISBN 9781846439919 (Board book, 2017)

What will Clive be today? Follow Clive and his friends as they explore the many things a nurse does in a day. This humorous and caring interaction of an inclusive group of playmates will inspire young readers to create their own diverse roles, free of gender stereotypes.

Clive is a Teacher

Jessica Spanyol

ISBN 9781846439902

Follow Clive and his friends as they explore the many things a teacher does in a day.

Topsy and Tim meet the Police

Jean and Gareth Adamson

ISBN 9781409308836

Topsy and Tim find themselves learning the importance of safety when their class is visited by two police officers. The book addresses safe places for children to play, and warning signs to look for that may indicate a dangerous situation.

Topsy and Tim meet the Ambulance Crew

Jean and Gareth Adamson

ISBN 0721428606

The twins learn about the work of an ambulance crew – the story helps children understand if family or friends need immediate help from this emergency service.

Topsy and Tim Go to Hospital

Jean and Gareth Adamson

ISBN 9781409304234

Tim has fallen out of a tree and bumped his head. He's a little nervous about going to hospital, but he soon finds out how nice the Doctors and Nurses are, and there are lots of other children on the ward to play with too.