

## 4.7.2 You as a parent: Quiz

Circle your answer for each question.

1. Your child is 5. A neighbour pops in for something. Your child hides behind you and won't speak to them. Do you:

- a. Give your child a row and make them say hello.
- b. Ignore it, they're just being shy
- c. Apologise and explain they are just little
- d. Give them a row later.

2. Your child is 6. They won't eat their dinner. Do you:

- a. Make them eat it before they can leave the table.
- b. Let them leave the table, and the food.
- c. Make them sit as long as you and others are eating.
- d. Find them something different they say they'll eat.

3. Your child is 7 and has homework from school. Do you:

- a. Get them to do it when they get home while you are doing something else.
- b. Say it's up to them, if they don't do it and get punished at school it's their fault.
- c. Tell them to do it if it's interesting.
- d. Make sure it's done, help them if they need it

4. Your child is 8. You work until 5pm. They have been going to after school club but want to stop. So:

- a. If they want to stop they can.
- b. If they come up with a good idea about what they'd like to do instead they can do that.
- c. We'll talk about it and see if we can make other arrangements, until we do they keep going.
- d. They can't stop going, they have to because you work.

5. Your child is 10. When it comes to helping out in the house:

- a. They don't do any chores.
- b. If they want to help they can.
- c. They are responsible for their own room.
- d. They help clean and do things around the house, they get pocket money when it's done.

6. Your child is 12. When it comes to the internet:

- a. Everything in the house has parental controls
- b. No controls, we have discussed what they should and shouldn't do.
- c. They have their own tablet and phone, I don't know what they do online
- d. We don't have internet and no screen use at all.

7. Your child is 13. When it comes to what they wear:

- a. You pay for it, you decide.
- b. They can have the money and buy what they want.
- c. Its up for negotiation.
- d. They can buy what they want if they pay for it out of their own money.

8. Your child is 14. Their room is a total mess. Do you:
- a. Clean and tidy it.
  - b. Leave it and don't go in again.
  - c. Have a fight about it and tell them to get it sorted.
  - d. Insist they clean and tidy and that you'll give them a treat if they do.
9. Your child is 15. When it comes to what time they need to be home at the weekend:
- a. They can come home whatever time they want, as long as they don't wake you up.
  - b. Strictly 10pm no later.
  - c. No curfew, I wait up for them.
  - d. Depends on what they are doing – as long as you know what they're doing.
10. Your child is 16. They want to go to Spain on holiday with friends. You decide:
- a. No way.
  - b. If they go, they pay for it themselves.
  - c. They can go, as long as they promise not to drink or do anything stupid.
  - d. No, but they can bring a friend on holiday with the rest of the family.