

S.5.1 Equality: Red card activity (Teacher sheet)

Use a red piece of paper and cut it up, so that the individuals in the group/class each have a piece of paper to use as a red card.

This activity is about thinking a bit more about what a relationship would be like if it was experienced as equal by both people.

Read out the following scenarios and ask the group to show their red cards when they hear something that they feel is unequal.

1. Your partner tells you what to do.
2. You like to spend time with each other.
3. You are expected to clean or tidy up your partner's stuff.
4. Your partner wants to know the password to your social media.
5. Your partner puts you down in front of pals.
6. You both like to pay for things when you are out.
7. Your partner is moody.
8. It's okay to say: 'No I won't be able to see you tonight'.
9. Your partner wants to meet your family.
10. Your partner grabs you by the arm and it hurts.
11. Your partner likes to do romantic things.
12. Your partner pressures you to have sex.
13. Your partner has a temper, you don't want to upset them.
14. You like to buy each other presents.
15. You can both see your friends without each other also being there.